



Fairbanks North Star Borough School District



Date: August 23, 2018
To: Anne Wien Elementary Parents & Students
From: Amy Rouse, Nutrition Services Director
Re: Fresh Fruit & Vegetable Program

Anne Wien Elementary School was selected to participate in the USDA Fresh Fruit and Vegetable Program (FFVP) during the 2018-2019 school year. FFVP is a USDA funded and regulated grant program which provides an opportunity for children to experience a range of fresh fruits and vegetables. The purpose of the Fresh Fruit and Vegetable Program is to provide free, fresh fruits and vegetables to students.

We will work with Michael Angaiak, Anne Wien Elementary principal, to ensure a smooth delivery system. Wednesday will be the day the Fresh Fruit and Vegetable Program will be offered. It will be available at the designated delivery sites from 10:00 – 10:30 am. The program will officially begin on August 29, 2018

Every enrolled student is eligible to participate. Eating fresh fruits and vegetables as a snack helps young children develop healthy food habits and provides more nutrients for growing children. A few of the nutrients found in fresh fruits and vegetables are: vitamin C to help heal, fiber to improve bowel function and decrease risk of coronary heart disease and vitamin A for healthy skin and eyes.

Per USDA guidance, **no items can be taken home.** The intent of the program is for students to consume fresh fruits and vegetables during the school day, separately from the lunch or breakfast meal. Students with medically documented allergies must have the Food Substitution form on file with Nutrition Services before substitutions can be made.

Our goal is to provide a variety of fruits and vegetables and we welcome suggestions on items to offer. We look forward to ensuring our students are nutritionally sound and academically successful.

FRESH FRUIT & VEGETABLE PROGRAM

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