

2023/2024 West Valley Student Activities and Contacts

| Activity                                      | Coach/Advisor   | Email  | Available          |
|---|-----------------|--|--------------------|
| Academic Decathlon                            | Sharon Ashlock  | sharon.ashlock@k12northstar.org  | SY                 |
| Baseball* outsourced                          | Tony Chiu       | <a href="mailto:Chiut066@gmail.com">Chiut066@gmail.com</a>                             | Spring             |
| Basketball (boys)                             | Colten Growden  | Colten.growden@k12northstar.org  | Winter             |
| Basketball Cheer                              | Evyn Ysais      | evynbelle@gmail.com  | Winter             |
| Basketball (girls)                            | Andrea Nield    | adurny4@hotmail.com  | Winter             |
| Christ Centered Youth                         | Sharon Ashlock  | sharon.ashlock@k12northstar.org  | SY                 |
| Cross Country Running#                        | Hannibal Grubis | hannibal.grubis@k12northstar.org   | Fall               |
| Cross Country Skiing#                         | Donna DiFolco   | <a href="mailto:wvhsskitem@gmail.com">wvhsskitem@gmail.com</a>                         | Winter             |
| Drama   | Sean Bledsoe    | sean.bledsoe@k12northstar.org  | SY                 |
| Dungeons & Dragons Club                       | Laura Terlep    | <a href="mailto:laura.terlep@k12northstar.org">laura.terlep@k12northstar.org</a>       | SY                 |
| Esports                                       |                 |  | SY (Fall & Spring) |
| Football                                      | David Devaughn  | david.devaughn@k12northstar.org  | Fall               |
| Football Cheer                                | Evyn Ysais      | evynbelle@gmail.com  | Fall               |
| Flag Football Girls                           |                 |  | Fall               |
| Freshman Class                                | Corinne Roe     | corinne.roe@k12northstar.org   | SY                 |
| GSA(Gender Sexuality Alliance)*               | Amy Gallaway    | Amy.gallaway@k12northstar.org  | SY                 |
| Hockey  | Mike Rogers     | mrogers75@acsalaska.net  | Winter             |
| International Club*                           | Amy Gallaway    | Amy.gallaway@k12northstar.org  | SY                 |
| Junior Class                                  | Melissa Hickman | <a href="mailto:melissa.hickman@k12northstar.org">melissa.hickman@k12northstar.org</a> | SY                 |
| Math Madness Club                             | Hannibal Grubis | Hannibal.grubis@k12northstar.org   | SY                 |
| MCJROTC Color Guard                           | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Drill Team                            | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Sporter Rifle Team                    | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Armed Exhibition Drill Team           | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Raider Challenge Team                 | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Cyber Patriot Team                    | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Youth Physical Fitness Team           | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC JROTC Leadership & Academic Bowl Team | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Robotics STEM Team                    | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| MCJROTC Underwater Robotics STEM Team         | SSgt. Walker    | travis.walker@k12northstar.org   | SY                 |
| Mock Trial                                    | Joy Grubis      | joy.grubis@k12northstar.org  | SY                 |
| Model UN                                      | Heather Damario | Heather.damario@k12northstar.org   | SY                 |

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|                        |  |  |         |
|------------------------|--|--|---------|
| National History Day   | Ms. Damario  | Heather.damario@k12northstar.org   | SY      |
| National Honor Society |  |  | SY      |
| Native Youth Olympics  | Kyle Kanuk   | <a href="mailto:kylerkasuk@gmail.com">kylerkasuk@gmail.com</a>                             | 2nd Sem |
| Rifle                  | Katlyn Lammers   | <a href="mailto:katlyn.lammers@k12northstar.org">katlyn.lammers@k12northstar.org</a>       | Fall    |
| Senior Class           | Sharon Ashlock   | sharon.ashlock@k12northstar.org  | SY      |
| Soccer (boys)          | Nick Herzberg  | <a href="mailto:nickolas.herzberg@k12northstar.org">nickolas.herzberg@k12northstar.org</a> | Spring  |
| Soccer (girls)         | David Powers   | powersdm3@gmail.com  | Spring  |
| Softball (outsourced)  | Teresa Rose  | <a href="mailto:Teresa.rose424@gmail.com">Teresa.rose424@gmail.com</a>                     | Spring  |
| Sophomore Class        | Corrine Roe  | <a href="mailto:Corrine.roe@k12northstar.org">Corrine.roe@k12northstar.org</a>             | SY      |
| Student Council        | Laura Terlep   | Laura.terlep@k12northstar.org  | SY      |
| Sources of Strength    | Joy Grubis / Tom Kennedy                                     | joy.grubis@k12northstar.org  | SY      |
| Swim/Dive(cut at 50)   | Kristen Haggland   | kris.haggland@k12northstar.org   | Fall    |
| Tennis#(outsourced)    | Sabine Siekmann  | <a href="mailto:ssiekmann@alaska.edu">ssiekmann@alaska.edu</a>                             | Fall    |
| Track and Field#       | Hannibal Grubis  | <a href="mailto:hannibal.grubis@k12northstar.org">hannibal.grubis@k12northstar.org</a>     | Spring  |
| Volleyball             | Stella Christmann  | <a href="mailto:stellaraechristmann@gmail.com">stellaraechristmann@gmail.com</a>           | Fall    |
| We the People          | Amy Gallaway   | Amy.gallaway@k12northstar.org  | SY      |
| Wrestling#             | Kaylyn Baxter  | <a href="mailto:wolfpackwrestling907@gmail.com">wolfpackwrestling907@gmail.com</a>         | Fall    |
| Revised 1/11/2023      |  | SY(school year) #No Cut  |         |
| <b>*(Non-Contract)</b> | <b>2023/2024 West Valley Student Activities and Contacts</b> |  |         |

PlanetHs paperwork (inplace of Arbitr)

Go to [www.planeths.com](http://www.planeths.com) or text S42316 to 69274

Guardian and student both create an account and then link them together.

Both need to complete all athletic form

- Parent/Guardian Consents
- Play for Keeps Acknowledgment
- Sudden Cardiac Arrest Form
- Concussion Information Parent and Student Verification Form
- ASAA Physical History Form (OPTIONAL)
- ASAA Physical Evaluation Form
- Emergency Medical Information and Consent Form
- Attendance Policies Form

