

2021 ~ 22 Charter Lunch Menu

	Mon	Tue	Wed	Thu	Fri
1	Peanut butter & Jelly Sandwich ♦ Baby Carrot Sticks ♦ Pineapple Tidbits	Yogurt & Colby Cheese W/ Cranberry Oatmeal Cookie ♦ Romaine Salad w/ Grape Tomatoes ♦ Fresh Orange Wedges	*Ham & Cheese Hoagie ♦ Potato Salad ♦ Fresh Grapes	Chicken Salad w/ Croutons ♦ Crispy Ranch Chickpeas ♦ Blueberries	*Club Hoagie Sandwich ♦ Celery & Broccoli ♦ Diced Peaches & Jell-O
2	Peanut Butter & Jelly Sandwich ♦ Nacho Toasted Chickpeas ♦ Diced Pears	*Chicken BLT Salad W/ Croutons ♦ Potato Salad ♦ Strawberries	*Ham Roll-Ups & Celery Sticks/PB Cup ♦ Broccoli Florets ♦ Applesauce	Turkey & American Sandwich ♦ Celery Sticks & PB Cup ♦ Chilled Peaches	Yogurt & String Cheese W/ Blueberry Muffin Top ♦ Baby Carrot Sticks ♦ Mixed Fruit
3	Turkey & Swiss Sandwich ♦ Baby Carrot Sticks ♦ Applesauce	*Ham Roll-Ups & Celery Sticks/PB Cup ♦ Romaine/Spinach Salad ♦ Fresh Cantaloupe Chunks	Chicken Caesar Salad W/ Croutons ♦ Pizza Chickpeas ♦ Mandarin Oranges	Peanut Butter & Jelly Sandwich ♦ Cucumber Coins ♦ Mixed Berries	Yogurt & String Cheese w/ Cranberry Oatmeal Cookie ♦ Jicama Sticks ♦ Peaches

AUGUST							SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							FEBRUARY							MARCH							APRIL							MAY									
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
1	2	3	4	5	6	7				1	2	3	4			1	2				1	2	3	4	5	6			1	2	3	4						1			1	2	3	4	5			1	2	3	4	5							1	2	1	2	3	4	5	6	7					
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	8	9	10	11	12	13	14	13	14
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	15	16	17	18	19	20	21	20	21
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	27	28	27
29	30	31	26	27	28	29	30	24	25	26	27	28	29	30	28	29	30	26	27	28	29	30	31	23	24	25	26	27	28	29	27	28	27	28	29	30	31	24	25	26	27	28	29	30	29	30	31																									

♦ Designates a Required Cold Pack Item * Designates a pork item - Menu is subject to change dependent on item availability -organization is an EEO provider.

BREAKFAST



*You must pick one item per category to make a complete breakfast. Feel free to grab two fruits if you're extra hungry!

Entrees

Assorted Cereal Bowls
Banana Bread
Oatmeal Chocolate Chip Bar
Super Breakfast Stiks

Fruits

100% Apple or Orange Juice
Assorted Fruit Cups

Milk

Chocolate, Strawberry, White or Soy Milk



Pricing

All Students
Breakfast meal = FREE
Lunch meal = FREE

Non-Students
Breakfast meal = \$3.75
Lunch meal = \$5.50

*Second meals are available at the non-student prices.
*Individual and ala carte items are available for purchase.

Students officially enrolled in the school district on the last serving day (May 20, 2021) who qualified for free or reduced meal benefits may receive meal benefits through the first 30 school days of the 2021-22 school year. **Grace period benefits expire on September 29, 2021.** Fruit & vegetable variety based upon availability. Due to variances in meal counts and product delivery, we reserve the right to substitute menu items.

foodservice@k12northstar.org (907) 451-1004
<http://www.k12northstar.org/departments/nutrition>
www.facebook.com/nutritionfnsbsd

This organization is an EEO provider. July 2021

NUTRITION SERVICES CENTER

1305 Charles Street, Fairbanks, AK 99701
451-1004 foodservice@k12northstar.org

