

The background of the entire image is a stylized, waving American flag. The top-left corner features the blue canton with white stars, while the rest of the image is filled with the red and white stripes of the flag, which appear to be in motion, creating a sense of depth and patriotism.

# **Military Support Resources**

### **Airman and Family Readiness Center: Eielson AFB**

A primary prevention agency and functions to ensure resources required to support active duty and their families are available. The A&FRC designs, develops, and conducts family programs according to base and community requirements and capabilities. Air Force Loans, Job Search Skills, Childcare for PCS, Volunteer Opportunities, Resume Reviews, Personalized Debt Reduction Plans, Transition Assistance, Relocation Information, Military Family Life Counselors, etc.

*Serving active duty and their families, DoD civilians, retirees and our single Airman.*

(907) 377-2178

### **Airman's Attic: Eielson AFB**

A clearinghouse for donations of necessary household items, clothing, books, and any other items that will improve quality of life.

*Serving active duty, guard, and reserve enlisted Airmen, TSgt (E-6) and below, and their family members. Air Force SNCO's, retirees, officers, and their family members are authorized to utilize the facility on designated days.*

(907) 377-4390

### **Alaska Air National Guard Airman and Family Readiness: Eielson AFB**

One-stop-shop for community information, benefits, entitlements, life-skills education, deployment cycle support, volunteer opportunities, and crisis assistance.

Serving Guard/Reserve, DoD civilians, retirees and their families

(907) 377-8715

(907) 377-8718

### **Alaska Air National Guard Chaplain Services, Eielson AFB, Clear AFS**

Providing spiritual and religious support to Airmen and their families; through religious accommodation and instruction, sacred ordinances and materials, chapel services, studies and devotions, and counseling with absolute confidentiality.

*Serving Airmen and their families*

(907) 377-8738

24/7: (907) 385-6908

### **Alaska Air National Guard Psychological Health: Eielson AFB**

Addressing psychological health concerns

*Serving all Air Guard members and their families*

(907) 377-9623

24/7: (907) 347-4356

## **Alaska Center for Resource Families (ACRF)**

a project of the Northwest Resources Associates

ACRF provides support, information and training. These services promote stability, appropriate parenting, safety and cultural continuity for children in out-of-home care, adoptive placements, kinship care or guardianship families

*Serving Resource Families*

907/479-7307 (Phone)

1 800 478 7307 (In Alaska)

<http://acrf@nwresource.org>

## **Alaska Military OneSource**

Military OneSource provides information, referral, and consultation at no cost. These services include non-medical counseling, online resources, educational materials, webinars, newsletters, outreach teams in each state, tax support and many other services. This personalized support is available 24/7 no matter where you live or serve.

*Serving active-duty, Guard and Reserve service members (regardless of activation status) and their immediate family members*

(907) 428-6222

## **Alaska National Guard Child & Youth Program**

Help you cope with stress and look for ways to grow during the deployment cycle: provide accurate and useful information to the youth of the AK National Guard and other service branches. AKNG Family Program overall support, deployment cycle training, information and referral, all facets of needs, etc. for ANY BRANCH of service

[www.jointsservicesupport.org](http://www.jointsservicesupport.org)

*Serving all military branch of service and their families*

(907) 428-6670

## **Alaska Parent Line**

Get your questions answered from trained parent educators, 12 hours a day, seven days a week, 9 a.m. to 9 p.m. – 1-800-643-KIDS. A Service of the Alaska Children's Trust.

*For anyone who is raising a child*

### **Alaska Warrior and Family Services: Fairbanks Family Assistance Center**

Family Assistance Centers (FACs) assist Service Members and their families during peacetime, annual training, and mobilization by providing a "one-stop shop" for support. Main services include, but are not limited to, resource and referral for: Tricare, financial, legal, ID cards and DEERS, Community Resources, and Crisis Intervention and referral. Outreach services are also conducted monthly for families of deployed AKARNG Service Members.

*Serving Alaska National Guard Service Members and families, but are open to members of all branches of the military (Air Guard, Army Guard, Active Duty Army, Air Force, Coast Guard, Marines, Navy, the Reserve components, and Veterans)*

Fairbanks: (907) 459-8729

Toll-free (Anchorage-based - 24/7) (888) 917-3608

### **American Red Cross**

Provides emergency communication service, financial assistance, information and referral service and deployment services

*Serving military members and their families*

(907) 456-5937

### **Armed Services YMCA (ASYMCA)**

Operates programs for troops and their families: Operation Hero, Operation Snack Attack, Food Pantry, Teddy's Child Watch, Thrift Store, Guardian Angel Program, After 5 Boutique, Operation Kid Comfort and the Military Courtesy Lounge at the Fairbanks International Airport

*Serving military connected families*

(907) 353-5962

### **Behavioral Health: Fort Wainwright**

Evaluate and treat mental disorders

*Serving selected family members of soldiers to the extent resources are available, provide limited consultation services as available to Army Hospital pediatric clinics for children of soldiers, and encourage utilization of TRICARE resources for treatments for evaluations of family members and retirees not supportable by clinic resources*

(907) 361-6059

### **Behavioral Health Optimization Program: Eielson AFB**

Offers assistance when habits, behaviors, stress, worry, or emotional concerns about physical or other life problems are interfering with someone's daily life (seen in the Family Health Clinic)

*Serving families who have access to the Eielson AFB Clinic*

(907) 377-1847

(907) 377-3071

## **Big Brothers/Big Sisters Program**

As the nation's largest donor and volunteer supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), in communities across the country. We develop positive relationships that have a direct and lasting effect on the lives of young people.

*Serving children ages 6 through 18*

School based programs at *Arctic Light Elementary and Crawford Elementary 4<sup>th</sup>-6<sup>th</sup> graders*

Fort Wainwright Better Opportunities for Single Soldiers (BOSS)

or more information contact Derek @ [derek.fyten@bbbsak.org](mailto:derek.fyten@bbbsak.org)

610 Cushman Street #300, Fairbanks

(907) 452-8110

[www.bbbsak.org](http://www.bbbsak.org)

## **Chaplain Services: Eielson AFB**

Offers counseling services and spiritual personal growth meetings as well as bible studies, many pre-marital classes as well as family crisis mediation

*Serving active duty Airman, DoD civilians, contractors, retirees and their families*

(907) 377-2130

## **Chaplain Services: Fort Wainwright**

Offers emotional, grief and marital counseling services

*Serving for Wainwright's Soldiers, civilian employees, and family members*

Northern Lights Chapel: Bldg #3430, Rhineland Avenue & Luzon Avenue

(907) 353-2088

Southern Lights Chapel: Bldg #4107 8<sup>th</sup> Street

(907) 361-4463

Family Life Center: 3129 Rhineland Street

(907) 353-6112

## **Child and Family Behavioral Services: Fort Wainwright**

Offer individual, family, marriage and group therapy counseling services

*Serving spouses and children of active duty and retired service members*

(907) 361-4150

## **Child Development Center (CDC): Eielson AFB**

Provides available, affordable, quality child care for children

*Serving children 6 weeks-5 years old*

(907) 377-3237

### **Child Development Center I: Fort Wainwright**

Fully accredited programs through the National Association for the Education of Young Children, certified by the Department of Defense and follow the USDA food program nutritional guidelines  
*Serving children, 6 years old and older, of military, DoD civilian sponsors or government contractors*  
(907) 361-4190

### **Child Development Center II: Fort Wainwright**

Fully accredited programs through the National Association for the Education of Young Children, certified by the Department of Defense and follow the USDA food program nutritional guidelines  
*Serving children, under 6 years olds of military, DoD civilian sponsors or government contractors*  
(907) 361-9056

### **Child, Youth, School Services: Fort Wainwright**

Provides information and referral for all Fort Wainwright activities that involve children  
*Serving children of military, DoD civilian sponsors and/or government contractors*  
(907) 353-7713  
(907) 353-7826

### **Comprehensive Solider & Family Fitness: Fort Wainwright**

Improving overall health and well-being: staying emotionally and psychologically strong  
*Serving Army families*  
(907) 353-5803

### **Eielson Enlisted Spouses Club**

Provide support to the Eielson Community through volunteer and financial contributions  
esceielson@yahoo.com

### **Eielson Officer Spouses Club**

Develop, organize and sponsor education, charitable and social activities  
eielsonakosc@yahoo.com

### **Exceptional Family Member Program (EFMP): Eielson AFB**

Special Needs/Identification and Assignment  
Provide comprehensive and coordinated medical, education, community support, housing, and personnel services to families with special needs  
*Serving active duty and AGR families with military connected children*  
(907) 377-6637

### **Exceptional Family Member Program (EFMP): Fort Wainwright**

A mandatory enrollment program that is based on public law and Department of Defense mandates. It works with other military and civilian agencies to provide a comprehensive and coordinated medical, educational, housing, community support and personnel services to families with special needs.

*Serving any family members of Active Duty, Active Guard/Reserve Army from birth to any age who is experiencing any special medical, intellectual, educational or physical need that exceeds what a primary care physician treats or a typical classroom can accommodate.*

(907) 353-4243

### **Exceptional Family Member Program (EFMP) Systems Navigator: Fort Wainwright**

Works with other military and civilian agencies to provide a comprehensive and coordinated medical, educational, housing, community support and personnel services to families with special needs.

*Serving any family members of Active Duty, Active Guard/Reserve Army from birth to any age who is experiencing any special medical, intellectual, educational or physical need that exceeds what a primary care physician treats or a typical classroom can accommodate.*

(907) 353-4460

### **FBX Fairbanks Behavior**

Provides support to families impacted by Autism Spectrum Disorders (ASD). FBX Fairbanks Behavior uses Applied Behavior Analysis, also known as ABA, which is the most commonly used treatment for children with ASD and developmental disabilities. The goal of ABA is to increase socially significant behaviors to the child, while reducing challenging behaviors that impede learning and social interaction. Home and community-based services are available. FBX Fairbanks Behavior provides training to parents and professionals, parent navigation/advocacy, and collaboration with outside providers and the school district.

[www.fbxtherapy.org](http://www.fbxtherapy.org)

*Services available to Active Duty and Reservists Ft. Wainwright, Eielson AFB, and Ft. Greely*

(907) 378-3434

### **Fairbanks North Star Borough Public Libraries**

Offers a variety of free programs and services, including a free library card to check out a wide variety and format of materials, free Internet computers and access to many electronic databases, free meeting space, and laptops for use in the library

*Serving adults, teens and children*

(907) 459-1041

## **Fairbanks North Star Borough School District (FNSBSD)**

### **Military Student Support Coordinator**

Providing military student support in the FNSBSD : )

*Serving military connected students, families, military stakeholders and school staff*

(907) 452-2000 ext 11340

### **Fairbanks Youth Advocates**

The Door, 138 Tenth Avenue

Providing shelter for teens ages 12 through 18, as well as family mediation and individual and family counseling

*Serving teens and families in crisis*

(907) 347-5678

### **Family Advocacy Program: Eielson AFB**

To build healthy communities by implementing programs designed for the prevention and treatment of child and spouse abuse

*Serving all Air Force personnel and their families*

(907) 377-4041

### **Family Advocacy Program: Fort Wainwright**

Provide information on healthy life skills, parent education, child-rearing, stress management and relationships: books, activities and games can be checked out

*Serving military families and DoD civilian sponsors*

(907) 353-7317

### **Family Child Care: Eielson AFB**

Child and Youth Registration and Referral

Monitor in-home care child care services by licensed providers on Eielson AFB

*Serving military-connected children ages 6 weeks – 12 years old*

(907) 377-3636

### **Family Child Care: Fort Wainwright**

To provide a “home away from home” family child care; in a certified provider’s home, which must meet safety, fire and health standards

*Serving children 4 weeks-12 years of age of military, DoD civilian sponsors or government contractors*

(907) 353-6266



### **Fort Wainwright Community Spouses Club**

Civic and welfare projects are conducted for the benefit of Fort Wainwright and select organizations from the local community, while fostering a spirit of friendship, support and goodwill for its members through education, volunteerism and participation in community affairs

<http://www.wainwrightcsc.org>

### **Health Promotions: Eielson Air Force Base**

Health promotion will coordinate, evaluate, and promote installation specific, evidence base interventions that support healthy behavior change to optimize health and resilience in Air Force Communities. Health Promotions supports: Tobacco Free Living, Healthy Weight, Physical Activity, Nutrition, Sleep, and Operation Supplement Safety.

*Serves active duty, military dependents, retirees, reservists, and DoD civilians*

(907) 377-9355

### **Library: Eielson AFB**

To support the Air Force mission by managing mission-essential office library accounts, supporting PME and voluntary education and providing quality of life materials

*Serving active duty, retirees, DoD civilians and dependents*

(907) 377-3174

### **Library: Fort Wainwright**

To embrace all forward-thinking programs and bring materials and services that enhance the lives of soldiers and their families

*Serving all age groups of the Fort Wainwright Community*

(907) 353-2642

### **Military Family Life Counselor Child and Youth Behavioral Program (MFLC): Eielson AFB**

Providing short term non-medical counseling support. Present presentations about life skills issues, skill building group discussions and meetings with parents and families at the family's request for additional counseling/coaching support

*Serving adults, couples, families, teens and/or children*

(907) 687-3546

(907) 240-0635

If MFLC can not answer the phone, please leave a message!

MFLC's in the schools: Anderson Elementary (907) 699-0092, Crawford Elementary and Ben

Eielson Jr/Sr High School (907) 669-0090

## **Military Family Life Counselors: Fort Wainwright**

*Serving service members, their families and DoD civilians*

(907) 378-8297

(907) 699-6929

(907) 699-6939

## **Military Youth Academy**

To intervene in and reclaim the lives of at-risk youth

*Serving teens 16-18 years of age*

(907) 374-7960

## **New Parent Program: Eielson AFB**

Offers information, support and guidance to military families who are expecting a child and/or have children

*Serving children birth-3 years of age*

(907) 377-4042

## **New Parent Program: Fort Wainwright**

Answers questions about pregnancy, childbirth, parenting skills, makes home visits, offers parenting classes and holds play mornings

*Serving children birth-6 years of age*

(907) 353-2101

(907) 371-0351

## **Non-Medical Counseling Military OneSource**

To support the children and youth impacted by deployment-through camps, special events and program support

*Serving service members and their families*

<http://www.militaryonesource.mil>

(800) 342-9647

## **North Star Behavioral Health**

Free mental health assessment

*Serving Fort Wainwright, Eielson AFB and Fort Greely (Statewide)*

(800) 478-7575

### **School Age Program: Eielson AFB**

Offering before and after school care and full-time care during the summer and winter breaks

*Serving military connected children 5-12 years' old*

(907) 377-5437

### **School Age Center: Fort Wainwright**

Provides before and after school care with age-appropriate, child-centered activities: arts and crafts, games, technology, performing arts, science and a homework assistance program

*Serving children Kindergarten-6<sup>th</sup> grade, of military, DoD civilian sponsors or government contractors*

(907) 361-7394

### **School Liaison Officer: Eielson AFB**

Promoting, coordinating and improving education policies, programs, standards, activities and opportunities for military children

*Serving all military connected children in Pre-Kindergarten-Post Secondary*

(907) 377-2178

### **School Liaison Officer: Fort Wainwright**

Primary link between the military family and local school systems

*Serving children ages 3-18 and families of military, DoD civilian sponsors or government contractors*

(907) 353-9377

### **Survivor Outreach Services (SOS)**

To provide long term support to surviving families of Fallen Soldiers

*Serving families of Fallen Soldiers*

(907) 353-4004

### **Thrialaska Head Start Birth to Five**

Offers free 4 hour preschool class sessions Monday thru Thursday. Morning classes are 7:45 to 11:45 and afternoon classes are 12:15 to 4:15. Head start is a comprehensive family program that serves families that meet income guidelines. Thrialaska Head Start can accept some families that do not meet income guidelines on a case by case basis. Accepted children attend classes in the Carol Brice Center at 1949 Gillam Way.

*Serving many military families in our preschool component*

(907) 452-4267 ext. 235 or 260

## **United Way 2-1-1**

Alaska 2-1-1 is a free, confidential, health, and human services information and referral system. Speak directly with an Information and Referral Specialist live by dialing 2-1-1 or 1-800-478-2221 between 8:30 a.m. and 5:00 p.m. Monday - Friday

## **USO Alaska**

Offers a variety of programs and outreach initiatives to ease the challenges of service for Alaska's military

*Serving active duty service members, members of the National Guard, Reserve and their dependents*

(907) 385-9141

## **Youth Center: Eielson AFB**

Offering activities and events for children in a fun, safe environment

*Serving children with base access 9-18 years' old*

(907) 377-3194

## **Youth Center: Fort Wainwright**

Offering structure and recreation in the pursuit of personal physical fitness, team sports, life skills, leisure time, technology and the arts

*Serving school age children 6<sup>th</sup>-12<sup>th</sup> grades of military, DOD civilian sponsors or government contractors*

(907) 361-5437

## **Youth Sports and Fitness: Fort Wainwright**

Engaging youth in healthy physical activity make friends; learn social and athletic skills as well as good sportsmanship

*Serving children 3-18 years of age of military, DoD civilian sponsors or government contractors*

(907) 353-7372