



Fairbanks North Star Borough School District Information Regarding the 2019 Novel Coronavirus

With recent cases of the 2019 Novel Coronavirus being reported in the U.S., the Center for Disease Control (CDC) and the Alaska Section of Epidemiology are closely monitoring this emerging outbreak. Please refer the websites below for current information:

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

<http://dhss.alaska.gov/dph/Epi/id/Pages/Human-Coronavirus.aspx>

It is important to remember we are currently in the peak of respiratory illnesses and flu season. The risk of contracting seasonal influenza is much higher than that of contracting Coronavirus. There are currently no confirmed cases of the coronavirus in Alaska.

Healthy habits for protecting yourself:

- Handwashing with soap and water (**alcohol-based hand sanitizers should only be used when soap and water are not available**)
- Avoid touching your face
- Cover your cough/sneeze
- Avoid close contact with sick individuals
- **Stay home** if you have symptoms, such as:
 - Fever
 - Cough
 - Shortness of breath
- **Do not return to work/school until fever free for 24 hours without taking fever reducing medications**

If you have recently traveled to/from China, or have been in contact with someone who has, and are experiencing symptoms of a respiratory illness call your health care provider for further instructions/treatment.

PLEASE KEEP YOUR STUDENT HOME IF THEY ARE EXPERIENCING FLU-LIKE SYMPTOMS AND/OR FEVER (GREATER THAN 100 DEGREES). STUDENTS MUST NOT RETURN TO SCHOOL UNTIL FEVER FREE FOR 24 HOURS WITHOUT THE USE OF FEVER REDUCING MEDICATIONS.