

2018-19 Elementary Lunch Menu

Mon

Tue

Wed

Thu

Fri

1	<p>Beef Steak Bites & Potatoes w/ Gravy or BBQ Pork* Rib Sandwich w/ Green Peas</p> <p>◆ Baby Carrot Sticks ◆ Blueberries</p>	<p>Teriyaki Meatballs w/ Rice & Broccoli or Popcorn Chicken & Green Beans</p> <p>Romaine Salad Fresh Orange Wedges</p>	<p>Cheeseburger on Bun & Baked Beans or Meat & Bean Chili w/ Cinnamon Roll</p> <p>Pickle Spears Pineapple Tidbits</p>	<p>Chicken Patty Sandwich & Tator Tots or Mini Corn Dogs w/ Seasoned Carrots</p> <p>◆ Cherry Tomatoes & Cauliflower ◆ Fresh Grapes</p>	<p>Cheese Pizza or Turkey & American Panini Sandwich</p> <p>◆ Celery Sticks ◆ Jello w/ Diced Peaches</p>
2	<p>Beef Fried Rice w/ Mixed Veggies & Broccoli or Chicken Nuggets & Baked Beans</p> <p>Peaches Mini Cookies</p>	<p>Ham* w/ Mashed Potatoes & Dinner Roll or Spaghetti & Meatballs w/ Peach Bake</p> <p>◆ Sweet Peppers ◆ Fresh Cantaloupe</p>	<p>Cheese Quesadilla or Taco Boat</p> <p>◆ Taco Fixins (Lettuce & Tomatoes) ◆ Chilled Peaches</p>	<p>BBQ Chicken & Potato Wedges w/ Dinner Roll or Beef, Bean & Cheese Dip w/ Tortilla Chips & Peach Bake</p> <p>Spinach Salad Strawberries</p>	<p>Pepperoni Pizza or Yogurt & Sunflower Seeds w/ Cereal Bar</p> <p>◆ Baby Carrot Sticks ◆ Diced Pears</p>
3	<p>Chicken Tenders & Waffles or Macaroni & Cheese</p> <p>◆ Baby Carrot Sticks ◆ Applesauce</p>	<p>Cheese Filled Breadsticks & Marinara or Bean & Cheese Burrito w/ Corn</p> <p>Romaine Salad Fresh Melon</p>	<p>Beef Hotdog Blanket w/ Baked Beans or Hamburger on Bun w/ Tator Tots</p> <p>Fruit Cocktail Mandarin Oranges</p>	<p>Biscuit & Sausage Gravy* or French Toast & Sausage* Patty</p> <p>◆ Cucumber Coins ◆ Mixed Berries</p>	<p>Peanut Butter & Jelly Sandwich or Grilled Cheese Sandwich</p> <p>Broccoli Buds, Cauliflower & Cherry Tomatoes Pineapple Tidbits</p>

August							September							October							November							December							January							February							March							April							May																									
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◆ Designates a **Required Cold Pack Item**

* Designates a **pork item**

This organization is an **EEO provider.**

NUTRITION SERVICES CENTER
1305 Charles Street, Fairbanks, AK 99701



Power Up With Breakfast!

A choice of one entrée:
Assorted Cereal Bowls
Banana Bread
Blueberry Muffin Top
Breakfast Burrito
Cinnamon Glaze French Toast
Oatmeal Breakfast Bar
Maple Mini Pancakes
Pancake & Sausage on a Stick

And CHOICE OF 2 FRUITS

Fresh Fruit (apple, orange, grapes, pear)
100% Apple or Orange Juice
Assorted Fruit Cups
and
Nonfat Chocolate, White or Soy Milk

Full pay breakfast is only \$2.00! Reduced qualified breakfast is FREE and reduced lunch is 40¢ for eligible students



5 Star Meal Includes
Vegetable* & **Fruit***
and

One of Each **Grain**, **Protein** & **Milk or Soy Milk**

*Vegetable or Fruit Required 5 Star Meal qualifies for meal benefits.

The Best Deal In Town!

Student ~ \$3.50

Non-Student ~ \$5.50

Eligible reduced qualified lunch is 40¢

Milk comes with every meal or purchase it for 75¢

- Lunch Loans - Elementary students are allowed a maximum of two (2) meal loans. After that they will be given a cold pack only, for no more than three (3) days. No ala carte charging and no lunch loans at secondary schools.

<http://www.k12northstar.org/departments/nutrition>

email: foodservice@k12northstar.org (907) 451-1004

Follow the menu with its calendar day. The meal calendar is a three (3) week cycle menu that offers more choices to our students.

Students officially enrolled in the school district on the last serving day, May 17, 2018, who qualified for free or reduced meal benefits may receive meal benefits through the first 30 school days of the 2018-19 school year.

**Grace period benefits expire on
September 27, 2018.**

Apply for meal benefits online: <https://www.schoolcafe.com/>. Meal benefits apply only to the **FIVE STAR MEAL DEAL**. Fruit & vegetable variety is based upon availability. Due to variances in meal counts and product delivery, we reserve the right to substitute menu items.

This organization is an EEO provider

July 2018