

SCHOOL LUNCH URBAN LEGENDS

"Nutrition Services serves soda."

FACT: We do not nor ever have served or sold soda. It is against USDA regulations to serve those beverages. We do sell tea, 100% juice, juice blends, milk, water, and other healthy beverages. In addition, we sell small packages of beef jerky, snack crackers, Sun Chips, and sunflower seeds.

"Nutrition Services is not offering enough fruits and vegetables to our students."

FACT: We have always offered our students a wide variety of fruits and vegetables. Over the past seven (7) years we have increased the amount of items offered every year. Our students receive a variety of canned, frozen, and fresh fruits and vegetables daily. Given the vast array available, we hope that there is something that appeals to everyone every day.

"There is not enough food given in the meal for kids to get full."

FACT: We are required by the USDA meal pattern to provide on a weekly basis minimum servings each of meats and grains, as well as a minimum number of cups of fruit, vegetables, and fluid milk. On any given day, we offer a minimum of 1/2 cup fruit, 3/4 cup vegetable, 1 cup fluid milk, and 1-2 servings each meat/meat alternative and grains. In addition to these requirements, we have calorie minimum and maximum amounts for the week. According to the science behind USDA's meal pattern, if a student takes everything that is offered and eats everything that is taken, the calories consumed should be ample enough to ensure the students have the energy necessary to finish their school day.

"We are supposed to be concerned about our children's health, yet Nutrition Services serves pizza and hamburgers."

FACT: Students have to eat so they can learn. In an effort to "marry" healthy with what a child will eat, we purchase items such as pizza, corn dogs, and hamburgers that are made with whole grains, low fat cheeses, turkey, soy, and chicken. Our food has great taste (which the students like) and great nutrition (which we and parents like).

"All the food is supplied from the Government, so why are the prices so high or why do people get upset when we take things, etc?"

FACT: Not all of the food is supplied by the Government. In fact, roughly \$225,000 (less than 1% of our food expenditures) is supplied by the Government. The rest is purchased from various distributors. Nutrition Services is required to be self-sufficient and as such, we spend our dollars wisely. Our revenues are from two main sources - payments from customers and federal reimbursement dollars. Our goal is to generate enough revenue to "cover" our expenditures.

"School meals are making our children fat."

FACT: School meals are "right sized". Based upon their age, students are getting offered the right portions and the proper nourishment needed to be ready to learn and do better in class. Combine healthy food choices with physical activity and they learn healthier habits for life.

NUTRITION SERVICES

907.451-1004

foodservice@k12northstar.org

www.k12northstar.org

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Employment & Education Opportunity

520 Fifth Avenue, Room 411,

Fairbanks, AK 99701

Telephone (907) 452-2000, ext. 11463

Fax (907) 452-3172

<http://www.k12northstar.org/departments/eeo>

Recruitment Pamphlet January 2018

FAIRBANKS NORTH STAR
BOROUGH SCHOOL DISTRICT

Nutrition Services Wants You!

The Profession with Good Taste

For Employment
Opportunities

Visit our website at:
www.k12northstar.org



1305 Charles Street
Fairbanks, AK 99701
907-451-1004

An Equal Opportunity Employer

Nutrition Services - *The Profession With Good Taste!*

WHEN I GROW UP . . .

I want to be just like Mrs. Martin. I want to run a really cool school cafeteria like the one in my school. I want to serve lots of yummy food and decorate the lunchroom like a circus tent! I'll make sure that no one is hungry in my school! That's what I want to do when I grow up.*

DO YOU . . .

- Want a new viable career option?
- Seek variety and challenge?
- Want a change in your routine?
- Want opportunity for advancement?
- Seek professional & personal benefits?

WE WANT YOU!

Nutrition Services' staff prepare nutritious, delicious school meals and help children develop healthy eating habits. We serve breakfast and lunch.



We operate cash registers and perform daily accounting processes. We ensure our kitchens are in compliance with state and federal regulations.

We work with students, staff and the public. We take pride in our contributions to the school district.

We are the warm smiling faces that greet and serve our students, from Kindergarten to graduation!

JOIN OUR TEAM!

Each day offers personal and professional rewards. It's not simply a job, it's a profession with good taste!

- **Opportunities for growth:** Positions range from 2.5 hours to 7.5 hours per day, from a kitchen aide to a site manager.
- **Benefited positions:** Benefited positions offer health insurance, pension opportunity, personal and sick leave.
- **Summers off:** A definite plus for those of us that live for Fairbanks' summers of gardening, fishing, camping, entertaining visitors and more! Plus, we have great work hours - no nights or weekends.
- **Christmas break - paid!** Two weeks off at Christmas is paid, along with other paid holidays.
- **Stimulating environment:** An opportunity to work with people of all ages and backgrounds!
- **A vital component to the education process:** We are part of a team that includes teachers, administrators and parents who support the educational process of our students.

Visit Nutrition Services Center: 1305 Charles Street, Fairbanks, AK 99701

Call: 907-451-1004 **Email:** foodservice@k12northstar.org

Apply Online At: <https://www.k12northstar.org/Page/1993>

Positions

Kitchen Aides

Rovers/Managers

Packaging/Production

Hours

1.5 - 7.5 hours

Locations

30 work sites

Wages*

\$14.15 - \$16.94 per hour start

*2019 ESSA Negotiated Agreement Contract Rate.



2016-17 School Year Perfect Attendance Recipients!

Front row: Ina Holden, North Pole High, Coral Craigen, Weller, Jeanette David, Mary Brown, Kim Hoffman, all Lathrop, Jeanette Lozano, North Pole High, Lyman Ketcham, Tanana

Back row: Morgan Sanderson, North Pole Elementary, Gianna Michel, Woodriver, Dana Martin, Crawford, Lynn Vandermeer, Arctic Light, Rebecca Lewis, Anne Wien, Steve Taylor, Warehouse, Tami Long, Two Rivers