



Effective date: 04/01/2020

Supersedes: 04/08/2019

Code: 00801WG

Product Name: Whole Grain Cheese Lasagna Rollup

Serving Size: 4.30 oz

Pack: 110/4.30oz

Each serving (one – 4.30 oz. unit) of Whole Grain Cheese Lasagna Rollup provides 2.00 oz. equivalent meat alternate and 1 oz eq grains. CN # 093969 11-15

## Product Info



### PREPARATION – for best results

Keep frozen until ready to prepare

Method 1- Baking

1. Preheat convection oven to 375°F. Set fan to HIGH.
2. Distribute 3 cups of room temperature canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
3. Place a single layer of frozen (-10°F to +10°F) rollups in the pan and cover with 5 cups room temperature canned sauce (approximately 18 rollups per layer).
4. Spread sauce over pasta to cover.
5. Cover the pan tightly with aluminum foil.
6. Bake for 45 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**

Method 2 – Steaming

1. Set steamer to HIGH.
2. Distribute 3 cups of room temperature canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
3. Place a single layer of frozen (-10°F to +10°F) rollups in the pan and cover with 5 cups room temperature canned sauce (approximately 18 rollups per layer).
4. Spread sauce over pasta to cover.
5. Cover the pan tightly with plastic film and then aluminum foil.
6. Steam for 45 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly.**

If storing in a moist 145°F warmer, cover the pan with plastic film and hold up to 1 hour.

## Nutrition Facts

Serving Size 1 Piece (121g)

Amount Per Serving

**Calories 240**     **Calories from Fat 50**

% Daily Value\*

**Total Fat 6g**     **9%**

Saturated Fat 3.5g     **18%**

Trans Fat 0g

**Cholesterol 20mg**     **7%**

**Sodium 390mg**     **16%**

**Total Carbohydrate 29g**     **10%**

Dietary Fiber 2g     **8%**

Sugars 5g

**Protein 15g**

Vitamin A 8%     •     Vitamin C 10%

Calcium 30%     •     Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Shelf life: 15 months frozen (-10° - 10°F)

Dim: 16.0" x 13.3" x 11.3"

Ti-Hi: 10 x 6

Case cube: 1.05 ft<sup>3</sup>

Cases/pallet: 60

Pallet height: 65-inches

Gross case wt: 30.50 lbs;

Net wt: 29.53 lbs

Pallets/truck: 26

UPC: 10852777002506

**ALLERGENS: Contains Wheat & Milk**

**GRAINS: 51% of the grains used in this product are whole grains**

**CONTAINS 110242 COMMODITY CHEESE**

**Filling Ingredients:** Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Asiago Cheese (Cultured Milk, Salt, Enzymes), Water, Whole Wheat Cracker Meal (Whole Wheat Flour, Dextrose), Whey Protein Isolate, Sodium Caseinate, Food Starch-Modified, Sugar, Salt, Dehydrated Garlic.  
**Pasta Ingredients:** Whole Wheat Flour and Enriched Semolina Blend (Whole Wheat Flour, Durum Wheat, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Ascorbic Acid (To Promote Color Retention).

*Alfonso Swillone*  
Director of Quality  
& Food Safety

CONTAINS: 110 - 4.30 OZ SERVINGS PER CASE  
(1 LASAGNA ROLLUP PER SERVING)

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