



1 oz 51% Whole Grain Baked Pretzel Mini- 200 ct

MANUFACTURER'S PRODUCT CODE: 30113

## Nutrition Facts

Serving Size 1 pretzel(1oz)

Serving Per Container 200

### Amount Per Serving

Calories 70 Calories from Fat 5

**% Daily Value\***

**Total Fat** 0.5g **1%**

    Saturated Fat 0g **0%**

    Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 100mg **4%**

**Total Carbohydrates** 14g **5%**

    Dietary Fiber 1g **4%**

    Sugars 0g

**Protein** 2g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 4%

\* Percent Daily Values are based on a 2000 calorie diet.  
Your daily value may be higher or lower depending on your calorie needs.

	Calories	2200	2700
Total Fat	Less than	120g	180g
Saturated Fat	Less than	25g	65g
Cholesterol	Less than	50mg	70mg
Sodium	Less than	10mg	15mg
Potassium	Less than	0mg	0mg
Total Carbohydrate		200g	270g
Dietary		33g	76g

### Storage/ Handling:

Keep Frozen (0° F or below) Shelf life up to one year when stored properly.

### Preparation Instruction:

Oven - Preheat to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place salted pretzel in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzel with water, sprinkle salt, microwave on high for 20-40 seconds. Heating times and temperatures may vary

### Ingredients:

Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Corn Syrup, Wheat Gluten, Malted Barley Flour, Dough Conditioner (wheat flour, salt, soybean oil, L-cysteine, ascorbic acid, enzymes), Ascorbic Acid, Bicarbonates and Carbonates of Soda.

### Allergen Information:

Contains: Wheat

### Kosher Type:

OU - PAREVE

### Child Nutrition Statement:

The listed serving size contains 17.65g creditable grains of which 9g are whole grains. This provides 1 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

## Product Specifications:

UPC	SCC/GTIN	Case	Pack
073321301132	10073321301139	1	200

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
15.75	10.25	15.5	1.45	12.5	16.6

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
12	5	60

I certify that the nutritional information contained on this page is true and correct.

Kirsten Leo  
Research and Development Manager

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(800) 486-9533 x6140 • www.jjsnack.com

01/06/2020

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**Amount Per Serving**  
 Calories from Fat 5  
**Calories 70**  
**% Daily Value\***  
 1%  
**Total Fat** 0.5g grams  
 0%  
 Saturated Fat 0g grams  
*Trans* Fat 0g grams  
 0%  
**Cholesterol** 0mg milligrams  
 4%  
**Sodium** 100mg milligrams  
 5%  
**Total Carbohydrates** 14g grams  
 4%  
 Dietary Fiber 1g grams  
 Sugars 0g grams  
**Protein** 2g grams  
 0%  
 Vitamin A  
 0%  
 Vitamin C  
 0%  
 Calcium  
 4%  
 Iron

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Data not available

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05/20/2022