# 2022 ~ 23 Elementary Lunch Menu

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
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<td><strong>1</strong></td>
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<tr>
<td>Shredded BBQ Pork* &amp; Baked Beans w/ Cranberry Oatmeal Cookie or Peanut Butter &amp; Jelly Sandwich</td>
<td>Taco Chili w/ Tortilla Chips or Macaroni &amp; Cheese</td>
<td>Cheese Pasta Rolls &amp; Green Beans or Chicken Patty on Biscuit &amp; Tater Tots</td>
<td>Cheese Pizza or Bologna &amp; Cheese Sandwich</td>
<td>Bean &amp; Cheese Burrito w/ Carrot Slices or Cheeseburger on Bun &amp; Potato Wedges</td>
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<tr>
<td>- Baby Carrot Sticks</td>
<td>- Cherry Tomatoes &amp; Cauliflower</td>
<td>- Romaine Salad</td>
<td>- Celery &amp; Broccoli</td>
<td>- Pickle Spears</td>
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<tr>
<td>- Blueberries</td>
<td>- Fresh Orange</td>
<td>- Peaches</td>
<td>- Pineapple Tidbits</td>
<td>- Apricots</td>
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| 2 |    |    |     |     |
| Cheese Filled Breadsticks or Teriyaki Chicken w/ Rice & Broccoli | Sausage, Egg, & Cheese Muffin Sandwich or Colby Cheese Omelet w/ Cinnamon Roll | Roast Turkey w/ Mashed Potatoes/Gravy & Dinner Roll or Spaghetti & Meat Sauce w/ Corn | Beef Hot Dog w/ Baked Beans or Yogurt & String Cheese w/ Blueberry Muffin Top | Cheese Quesadilla or Mini Pepperoni Pizza Bagels |
| - Pineapple Tidbits | - Sweet Peppers | - Lettuce Shred & Dice Tomato | - Celery Sticks | - Mixed Fruit |
| - Strawberries | - Applesauce | - Fresh Grapes | - Mixed Berries | |

| 3 |    |    |     |     |
| Pretzel w/ Cheese Dip or Sloppy Joe & Bread Bites | Biscuit & Country Sausage Gravy* or Grill Cheese Sandwich | Fiesta Dip w/ Tortilla Chips & Fruit Crisp or Ham & Cheese Bento Box* | Chicken Tenders & Baked Beans or Corn Dog Nuggets w/ Potato Wedges | Sausage & Cheese Waffle Sandwich or French Toast & Sausage* |
| - Baby Carrot Sticks | - Cucumber Coins | - Romaine/Spinach Salad | - Diced Pears | - Broccoli Buds |
| - Applesauce | - Mixed Berries | - Fresh Cantaloupe Chunks | - Mandarin Oranges | - Cherry Tomatoes |

- Designates a Required Cold Pack Item
- Designates a pork item
- Designates a Vegetarian option
- Menu items subject to change dependent on item availability
Students officially enrolled in the school district on the last serving day (May 19, 2022) who qualified for free or reduced meal benefits may receive meal benefits through the first 30 school days of the 2022-23 school year. Grace period benefits expire on September 28, 2022.

Fruit & vegetable variety based upon availability. Due to variances in meal counts and product delivery, we reserve the right to substitute menu items.

Entrees
- Assorted Cereal Bowls
- Blueberry Breakfast Bread
- Goodybun Donuts
- Chocolate Chip Oatmeal Bar
- Pancake & Sausage on a Stick
- Sausage & Egg Breakfast Bagel
- Breakfast Bites
- Super Breakfast Stiks

Fruits
- Fresh Fruit (apple, orange, grapes, pear, kiwi)
- 100% Apple or Orange Juice
- Assorted Fruit Cups

Milk
- Chocolate, White or Soy Milk

5 Star Meal Includes
- Vegetable* & Fruit*
- and
- One of Each Grain, Protein & Milk or Soy Milk

*Vegetable or Fruit Required  5 Star Meal qualifies for meal benefits.

The Best Deal In Town!
Student ~ $3.50    Non-Student ~ $6.50
Eligible reduced qualified lunch is 40¢
Milk comes with every meal or purchase it for $1
~ Lunch Loans ~ Elementary students are allowed a maximum of two (2) meal loans. After that they will be given a cold pack only, for no more than three (3) days. No ala carte charging and no lunch loans at secondary schools.

Lunch Loans

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