

2020-2121 Secondary Lunch Week 3 – Nutrient Analysis

	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Monday																		
19-20 SEC- Macaroni & Cheese - LR100440 (1	533.37	24.07	11.84	0.00	49.18	693.69	56.64	5.52	3.00(M)	(M)	20.68	2.68	731.27	1533.93	0.00	(M)	(M)	0.00(M)
S-Chicken BLT Salad - LR-1001 (1 ea.)	218.63	12.10	4.82	0.00	58.03	575.00	5.35	1.88	2.00(M)	(M)	21.09	1.43	130.75	4523.07	29.85	(M)	(M)	120.19(M)
SEC - Cold Pack Combo - LR100644 (1 ea.)	298.08(M)	21.09(M)	7.02(M)	0.00(M)	30.00(M)	932.40(M)	68.50(M)	8.81(M)	9.00(M)	(M)	14.35(M)	17.10(M)	258.20(M)	526.75(M)	1.57(M)	(M)	(M)	48.19(M)
S-Hamburger on Bun - LR-1038 (1 ea.)	340.00	15.00	5.00	0.00	60.00	570.00	28.00	3.00	4.00	4.00(M)	23.00	3.04	37.00	0.00	0.00	(M)	103.87(M)	(M)
S-Pizza, Cheese, Big Daddy's - LR-1032 (1	360.00	16.00	7.00	0.00	35.00	490.00	35.00	3.00	9.00	2.00	21.00	2.10	441.00	93.00	0.00	(M)	(M)	(M)
S-Pizza, Pepperoni, Big Daddy's - LR-1250 (1	369.63	16.98	6.99	0.00	44.95	559.44	34.97	3.00	8.99	(M)	20.98	2.70	349.65	0.00	0.00	(M)	(M)	(M)
S-Spicy Chicken Sandwich - LR-1036 (1	420.00	17.00	3.00	0.00	25.00	710.00	45.00	6.00	5.00	5.00	21.00	3.60	77.00	0.00(M)	0.00(M)	0.00(M)	913.68	(M)
S-Sub Sandwich, Club - LR-1251 (1 ea.)	275.50	2.39	0.88	0.00	31.31	885.66	39.81	3.03	5.12	(M)	21.80	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Ham - LR-1226 (1 ea.)	291.49	3.80	1.52	0.00	37.97	1252.30	39.07	3.03	5.00	(M)	22.70	2.37	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Roast Beef - LR-1224 (1 ea.)	319.73	2.99	1.00	0.00	49.74	1086.57	41.06	3.03	6.00	(M)	30.92	4.68	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Turkey - LR-1225 (1 ea.)	319.73	2.99	1.00	0.00	49.74	967.20	41.06	3.03	5.00	(M)	30.92	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
Tuesday																		
SEC - Cold Pack Combo - LR100644 (1 ea.)	298.08(M)	21.09(M)	7.02(M)	0.00(M)	30.00(M)	932.40(M)	68.50(M)	8.81(M)	9.00(M)	(M)	14.35(M)	17.10(M)	258.20(M)	526.75(M)	1.57(M)	(M)	(M)	48.19(M)
SEC -19-20 Classic Italian Salad - LR100405 (1	217.26	10.80	2.49	0.00	52.48	684.09	11.17	2.57	0.43(M)	(M)	20.59	1.84	141.03	4582.46	42.05	0.00(M)	38.22(M)	176.68(M)
SEC- Pork Egg Roll w/ Asian Noodles -	494.01	17.35	5.17	0.00	110.09	870.16	57.51	6.41	9.95(M)	(M)	26.91	3.94	68.49	2097.18	13.10	(M)	(M)	15.32(M)
S-Hamburger on Bun - LR-1038 (1 ea.)	340.00	15.00	5.00	0.00	60.00	570.00	28.00	3.00	4.00	4.00(M)	23.00	3.04	37.00	0.00	0.00	(M)	103.87(M)	(M)
S-Pizza, Cheese, Big Daddy's - LR-1032 (1	360.00	16.00	7.00	0.00	35.00	490.00	35.00	3.00	9.00	2.00	21.00	2.10	441.00	93.00	0.00	(M)	(M)	(M)
S-Pizza, Pepperoni, Big Daddy's - LR-1250 (1	369.63	16.98	6.99	0.00	44.95	559.44	34.97	3.00	8.99	(M)	20.98	2.70	349.65	0.00	0.00	(M)	(M)	(M)
S-Spicy Chicken Sandwich - LR-1036 (1	420.00	17.00	3.00	0.00	25.00	710.00	45.00	6.00	5.00	5.00	21.00	3.60	77.00	0.00(M)	0.00(M)	0.00(M)	913.68	(M)
S-Sub Sandwich, Club - LR-1251 (1 ea.)	275.50	2.39	0.88	0.00	31.31	885.66	39.81	3.03	5.12	(M)	21.80	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Ham - LR-1226 (1 ea.)	291.49	3.80	1.52	0.00	37.97	1252.30	39.07	3.03	5.00	(M)	22.70	2.37	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Roast Beef - LR-1224 (1 ea.)	319.73	2.99	1.00	0.00	49.74	1086.57	41.06	3.03	6.00	(M)	30.92	4.68	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Turkey - LR-1225 (1 ea.)	319.73	2.99	1.00	0.00	49.74	967.20	41.06	3.03	5.00	(M)	30.92	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
Wednesday																		

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S-Bean & Cheese Burrito - LR-1418 (5 1/4 oz.)	282.71	8.53	3.86	0.00	16.76	475.97	38.99	8.41	1.04	(M)	14.43	2.58	190.83	286.25	1.15	(M)	(M)	(M)
SEC - Cold Pack Combo - LR100644 (1 ea.)	298.08(M)	21.09(M)	7.02(M)	0.00(M)	30.00(M)	932.40(M)	68.50(M)	8.81(M)	9.00(M)	(M)	14.35(M)	17.10(M)	258.20(M)	526.75(M)	1.57(M)	(M)	(M)	48.19(M)
S-Hamburger on Bun - LR-1038 (1 ea.)	340.00	15.00	5.00	0.00	60.00	570.00	28.00	3.00	4.00	4.00(M)	23.00	3.04	37.00	0.00	0.00	(M)	103.87(M)	(M)
S-Nacho Grande - LR-1047 (1 ea.)	725.23	38.69	13.93	0.00	105.55	3015.11	62.37	10.21	1.65	(M)	34.29	8.85	566.13	2434.08	5.89	(M)	(M)	1.47(M)
S-Pizza, Cheese, Big Daddy's - LR-1032 (1	360.00	16.00	7.00	0.00	35.00	490.00	35.00	3.00	9.00	2.00	21.00	2.10	441.00	93.00	0.00	(M)	(M)	(M)
S-Pizza, Pepperoni, Big Daddy's - LR-1250 (1	369.63	16.98	6.99	0.00	44.95	559.44	34.97	3.00	8.99	(M)	20.98	2.70	349.65	0.00	0.00	(M)	(M)	(M)
S-Spicy Chicken Sandwich - LR-1036 (1	420.00	17.00	3.00	0.00	25.00	710.00	45.00	6.00	5.00	5.00	21.00	3.60	77.00	0.00(M)	0.00(M)	0.00(M)	913.68	(M)
S-Sub Sandwich, Club - LR-1251 (1 ea.)	275.50	2.39	0.88	0.00	31.31	885.66	39.81	3.03	5.12	(M)	21.80	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Ham - LR-1226 (1 ea.)	291.49	3.80	1.52	0.00	37.97	1252.30	39.07	3.03	5.00	(M)	22.70	2.37	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Roast Beef - LR-1224 (1 ea.)	319.73	2.99	1.00	0.00	49.74	1086.57	41.06	3.03	6.00	(M)	30.92	4.68	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Turkey - LR-1225 (1 ea.)	319.73	2.99	1.00	0.00	49.74	967.20	41.06	3.03	5.00	(M)	30.92	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Taco Salad - LR-1248 (1 ea.)	544.44	23.84	10.15	0.00	69.86	2522.91	56.27	9.73	0.00(M)	(M)	28.75	9.02	527.65	6035.74	35.02	(M)	(M)	124.41(M)
Thursday																		
SEC - Cold Pack Combo - LR100644 (1 ea.)	298.08(M)	21.09(M)	7.02(M)	0.00(M)	30.00(M)	932.40(M)	68.50(M)	8.81(M)	9.00(M)	(M)	14.35(M)	17.10(M)	258.20(M)	526.75(M)	1.57(M)	(M)	(M)	48.19(M)
SEC- Frenchbread w/Marinara Sauce - LR-	401.24	18.38	8.34	0.00	40.00	645.26	39.21	3.36	9.80	1.00(M)	20.36	3.04	363.61	340.20(M)	4.08(M)	0.00(M)	159.80(M)	(M)
SEC- Spicy Chicken Salad - LR-1053 (1 ea.)	286.38	16.18	4.70	0.00	55.32	455.58	12.31	3.11	2.84(M)	(M)	23.18	2.42	127.81	5103.55	23.76	(M)	(M)	95.00(M)
S-Hamburger on Bun - LR-1038 (1 ea.)	340.00	15.00	5.00	0.00	60.00	570.00	28.00	3.00	4.00	4.00(M)	23.00	3.04	37.00	0.00	0.00	(M)	103.87(M)	(M)
S-Pizza, Cheese, Big Daddy's - LR-1032 (1	360.00	16.00	7.00	0.00	35.00	490.00	35.00	3.00	9.00	2.00	21.00	2.10	441.00	93.00	0.00	(M)	(M)	(M)
S-Pizza, Pepperoni, Big Daddy's - LR-1250 (1	369.63	16.98	6.99	0.00	44.95	559.44	34.97	3.00	8.99	(M)	20.98	2.70	349.65	0.00	0.00	(M)	(M)	(M)
S-Spicy Chicken Sandwich - LR-1036 (1	420.00	17.00	3.00	0.00	25.00	710.00	45.00	6.00	5.00	5.00	21.00	3.60	77.00	0.00(M)	0.00(M)	0.00(M)	913.68	(M)
S-Sub Sandwich, Club - LR-1251 (1 ea.)	275.50	2.39	0.88	0.00	31.31	885.66	39.81	3.03	5.12	(M)	21.80	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Ham - LR-1226 (1 ea.)	291.49	3.80	1.52	0.00	37.97	1252.30	39.07	3.03	5.00	(M)	22.70	2.37	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Roast Beef - LR-1224 (1 ea.)	319.73	2.99	1.00	0.00	49.74	1086.57	41.06	3.03	6.00	(M)	30.92	4.68	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Turkey - LR-1225 (1 ea.)	319.73	2.99	1.00	0.00	49.74	967.20	41.06	3.03	5.00	(M)	30.92	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
Friday																		
S-Bacon Burger - LR-1039 (1 ea.)	380.00	18.00	6.00	0.00	67.50	725.00	28.00	3.00	5.00	4.00(M)	25.50	3.04	37.00	0.00	0.00	(M)	103.87(M)	(M)
SEC - Cold Pack Combo - LR100644 (1 ea.)	298.08(M)	21.09(M)	7.02(M)	0.00(M)	30.00(M)	932.40(M)	68.50(M)	8.81(M)	9.00(M)	(M)	14.35(M)	17.10(M)	258.20(M)	526.75(M)	1.57(M)	(M)	(M)	48.19(M)

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SEC- Lasagna w/Garlic Breadstick - LR-1041 (1	477.36	18.48	7.91	0.00	31.55	861.59	56.74	5.64	16.09	(M)	24.36	2.68	467.95	1029.77	10.91	(M)	(M)	(M)
S-Hamburger on Bun - LR-1038 (1 ea.)	340.00	15.00	5.00	0.00	60.00	570.00	28.00	3.00	4.00	4.00(M)	23.00	3.04	37.00	0.00	0.00	(M)	103.87(M)	(M)
S-Pizza, Cheese, Big Daddy's - LR-1032 (1	360.00	16.00	7.00	0.00	35.00	490.00	35.00	3.00	9.00	2.00	21.00	2.10	441.00	93.00	0.00	(M)	(M)	(M)
S-Pizza, Pepperoni, Big Daddy's - LR-1250 (1	369.63	16.98	6.99	0.00	44.95	559.44	34.97	3.00	8.99	(M)	20.98	2.70	349.65	0.00	0.00	(M)	(M)	(M)
S-Spicy Chicken Sandwich - LR-1036 (1	420.00	17.00	3.00	0.00	25.00	710.00	45.00	6.00	5.00	5.00	21.00	3.60	77.00	0.00(M)	0.00(M)	0.00(M)	913.68	(M)
S-Sub Sandwich, Club - LR-1251 (1 ea.)	275.50	2.39	0.88	0.00	31.31	885.66	39.81	3.03	5.12	(M)	21.80	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Ham - LR-1226 (1 ea.)	291.49	3.80	1.52	0.00	37.97	1252.30	39.07	3.03	5.00	(M)	22.70	2.37	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Roast Beef - LR-1224 (1 ea.)	319.73	2.99	1.00	0.00	49.74	1086.57	41.06	3.03	6.00	(M)	30.92	4.68	40.86	177.72	0.43	(M)	(M)	2.28(M)
S-Sub, Turkey - LR-1225 (1 ea.)	319.73	2.99	1.00	0.00	49.74	967.20	41.06	3.03	5.00	(M)	30.92	2.54	40.86	177.72	0.43	(M)	(M)	2.28(M)
Milk																		
Milk, Choclate, Shelf - LR-	140.00	0.00	0.00	0.00	5.00	260.00	27.00	0.00	25.00	(M)	8.00	0.00	300.00	499.99	0.00	(M)	(M)	(M)
Milk, Chocolate, Fresh -	145.68	0.00	0.00	0.00	5.20	187.30	28.09	0.00	26.01	(M)	9.37	0.00	312.17	520.28	1.25	(M)	(M)	(M)
Milk, Soy, Shelf -	130.00	4.50	0.50	0.00	0.00	125.00	14.00	1.00	11.00	(M)	8.00	1.44	300.00	500.00	0.00	(M)	(M)	(M)
Milk, Strawberry, Shelf -	130.00	0.00	0.00	0.00	5.00	100.00	25.00	0.00	25.00	(M)	8.00	0.00	300.00	499.99	0.00	(M)	(M)	(M)
Milk, White, Fresh, Fat-	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	(M)	9.00	0.00	300.00	499.99	0.00	(M)	(M)	(M)
Milk, White, Shelf - LR-	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.50	11.00	(M)	8.00	0.00	250.00	499.99	1.20	(M)	(M)	(M)
Milk, White, Shelf, USDA -	80.00	0.00	0.00	0.00	5.00	110.00	11.00	0.50	11.00	(M)	8.00	0.00	250.00	500.00	1.20	(M)	(M)	(M)
Condiments																		
Home made Ranch (1oz) - LR-1002 (1 oz.)	73.97	6.45	0.92	0.00	0.39	841.29	3.44	0.34	0.86(M)	(M)	0.74	0.08	24.43	41.27	0.39	(M)	(M)	0.08(M)
pc, bbq sauce - LR-1386	15.00	0.00	0.00	0.00	0.00	85.00	4.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
pc, ketchup - LR-1393 (7	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
pc, mayonnaise - LR-	90.00	9.00	1.50	0.00	5.00	70.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
PC, Mustard 5.5g -	0.00	0.00	0.00	0.00	0.00	30.00	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	1.20	(M)	(M)	(M)
PC, Salsa 9g - LR100295	5.00	0.00	0.00	0.00	0.00	95.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
pc, Soy sauce, 9gm - LR-	0.00	0.00	0.00	0.00	0.00	267.86	0.00	0.00	(M)	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
pc, Sweet & Sour - LR-	20.00	0.00	0.00	0.00	0.00	35.00	5.00	0.00	3.00	(M)	0.00	0.00	0.00	0.00	1.20	(M)	(M)	(M)
Juice																		
Juice, Switch, Sparkling,	120.00	0.00	0.00	0.00	0.00	5.00	30.00	0.00	29.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Juice, Switch, Sparkling,	110.00	0.00	0.00	0.00	0.00	5.00	30.00	0.00	28.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Juice, Switch, Sparkling,	120.00	0.00	0.00	0.00	0.00	5.00	30.00	0.00	29.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Juice, Switch, Sparkling,	120.00	0.00	0.00	0.00	0.00	5.00	30.00	0.00	29.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
Juice, Switch, Sparkling,	120.00	0.00	0.00	0.00	0.00	5.00	29.00	0.00	28.00	(M)	0.00	0.00	0.00	0.00	60.00	(M)	(M)	(M)
S-10oz. Juice, Apple - LR-	140.00	0.00	0.00	0.00	0.00	25.00	35.00	0.00	(M)	(M)	0.00	0.00	100.00	0.00	60.00	(M)	(M)	(M)
S-10oz. Juice, Orange -	140.00	0.00	0.00	0.00	0.00	20.00	33.00	0.00	(M)	(M)	2.00	0.00	20.00	0.00	60.00	(M)	(M)	(M)
Fruit																		
Applesauce Cup, Flavored	50.00	0.00	0.00	0.00	0.00	0.00	13.00	1.00	11.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
ES-Strawberries, frozen	90.00	0.00	0.00	0.00	0.00	0.00	22.00	2.00	18.00	(M)	1.00	0.75	14.00	31.00	52.80	(M)	(M)	(M)

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Fruit-Grapes 1/2 c. - LR-	22.78	0.12	0.04	0.00	0.00	0.68	5.83	0.31	(M)	(M)	0.21	0.10	4.76	34.00	1.36	(M)	(M)	27.64
Mandarin Orange, Cup -	70.00	0.00	0.00	0.00	0.00	5.00	17.00	1.00	15.00	(M)	0.00	0.36	0.00	500.00	27.00	(M)	(M)	(M)
Mixed Fruit, Cup -	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	12.00	(M)	0.00	0.00	0.00	300.00	18.00	(M)	(M)	(M)
Peaches, Diced, Cup -	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	12.00	(M)	0.00	0.00	0.00	300.00	18.00	(M)	(M)	(M)
Pears, Diced, Cup -	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	12.00	(M)	0.00	0.00	0.00	300.00	18.00	(M)	(M)	(M)
Pineapple, Tidbits, Cup -	60.00	0.00	0.00	0.00	0.00	0.00	15.00	1.00	14.00	(M)	1.00	0.36	0.00	0.00	30.00	(M)	(M)	(M)
SEC- Blueberries -	44.29	0.55	0.00	0.00	0.00	0.00	9.41	2.21	6.64	(M)	0.00	0.00	0.00	0.00	1.99	(M)	41.63	(M)
SEC- Strawberries -	25.00	0.00	0.00	0.00	0.00	0.00	6.50	1.50	4.50	(M)	0.00	0.36	10.00	0.00	27.00	(M)	(M)	(M)
SEC- Yogurt parfait - LR100051 (1 ea.)	244.78	2.84	0.24	0.00	1.25	45.15	51.67	3.24	35.75	(M)	3.86	0.68(M)	159.45(M)	0.00(M)	0.90(M)	(M)	(M)	(M)
S-Whole, Apple - LR-	117.93	0.39	0.07	0.00	0.00	2.27	31.32	5.44	(M)	(M)	0.59	0.27	13.61	122.47	10.43	(M)	(M)	194.05
S-Whole, Kiwi - LR-1438	46.36	0.40	0.02	0.00	0.00	2.28	11.14	2.28	(M)	(M)	0.87	0.24	25.84	66.12	70.45	(M)	(M)	63.13
S-Whole,	41.73	0.24	0.03	0.00	0.00	1.57	10.50	1.42	0.00	(M)	0.64	0.12	29.13	536.14	21.02	(M)	(M)	67.05
S-Whole, Orange - LR-	61.57	0.16	0.03	0.00	0.00	0.00	15.39	3.14	(M)	(M)	1.23	0.13	52.40	294.75	69.69	(M)	(M)	113.64
S-Whole, Pear -	85.84	0.18	0.02	(M)	0.00	1.48	22.88	4.59	(M)	(M)	0.56	0.25	13.32	34.04	6.22	(M)	(M)	123.89
Vegetable																		
French Fries - LR-1371 (3	160.00	7.00	1.00	0.00	0.00	390.00	20.00	1.00	0.00	(M)	2.00	0.60	0.00	0.00	2.40	(M)	200.22	(M)
Juice, Fruitables, Tropical	90.00	0.00	0.00	0.00	0.00	20.00	22.00	0.00	19.00	(M)	0.00	0.00	0.00	500.00	60.00	(M)	(M)	(M)
Pickle, Spears -	0.00	0.00	0.00	0.00	0.00	742.86	0.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Salad, Small Toss - LR-1060 (1 ea.)	11.38	0.18	0.03	0.00	0.00	4.65	2.29	1.20	(M)	(M)	0.74	0.51	17.56	2873.18	13.50	(M)	(M)	62.59
SEC- Baked Beans - LR100127 (1/2 c.)	175.77	0.90	0.00	0.00	0.00	569.33	37.31	6.13	16.00	(M)	6.20	4.77	52.00	118.67	0.38	(M)	(M)	0.00(M)
SEC- Carrot Sticks(1/2c) - LR100139 (1/2 c.)	39.69	0.15	0.02	0.00	0.00	88.45	9.34	3.29	(M)	(M)	0.73	1.01	36.29	15637.86	2.95	(M)	(M)	102.46
Veggies & Dip - LR-1061 (1 ea.)	25.75	0.14	0.02	0.00	0.00	48.58	5.92	2.04	0.00(M)	(M)	0.71	0.61	23.92	8008.34	8.72	(M)	(M)	78.24
Grain																		
Breadstick, (S) Garlic,	110.00	4.00	1.00	0.00	0.00	200.00	17.00	2.00	2.00	(M)	3.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)