



Book	School Board Policy
Section	CHAPTER 10 - (2) Policy Manual
Title	Policy 1061.2: Student Welfare - School Wellness - Nutrition Education
Code	1061.2 *
Status	Active
Cross References	1061.2 - AR 1061.2: Student Welfare - School Wellness - Nutrition Education
Adopted	April 18, 2006
Last Revised	August 5, 2014

Nutrition education will emphasize the relationship of a balanced diet and regular exercise to good health, and will stress the importance of adopting a healthy lifestyle.

Ongoing professional development will be provided to inform teachers about current nutrition information. School personnel will strive to model good nutrition. Nutrition information will be shared with parents to encourage them to provide nutritional foods for their children.

Nutrition education will be integrated across the curriculum and include healthy cooking methods, consumer awareness, and media literacy. Only items which meet the current federal nutrition standards for all foods sold in schools may be advertised in schools.

Cross Reference:

[AR 1061.2: Student Welfare - School Wellness - Nutrition Education](#)

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