UPCOMING EVENTS:

- Oct 1st  - Teacher PD Day - No School
- Oct 7th  - In-Person Parent & Principal Morning, 8-8:45am
- Oct 12th - Annual Title I Meeting - Facebook Live 1:30pm
- Oct 15th - End of 1st Quarter - students leave school at 1pm
- Oct 28-29th - Parent/Teacher Conferences
- Nov 3rd  - Picture Retakes

PRINCIPAL'S MESSAGE - MONITOR YOUR CHILD'S PROGRESS

We are more than half-way through the first grading period. We use the online platform - PowerSchool to keep our parents informed of their child's grades. If you do not have PowerSchool to monitor your child's grades, please contact your teacher. PowerSchool is how you will receive the official first quarter report card. October 15th is the last day of the first quarter and students go home at 1:00pm. The early release allows teachers to work on student report cards which will be available the next Friday.

Monitoring your child's progress has become a high priority during these Covid school years. Loss of In-School learning days, disruptions to educational programming, and possible family illnesses have created difficult learning experiences. Knowing your child's strengths and areas of need are important. It is important that your child knows their academic levels too.
Educators understand that many students learn new topics on the first day. For many others learning takes time and for others extra time as there may be gaps in understanding. We do quick assessments to monitor the growth and pinpoint lessons for the areas of need.

Our teachers have completed AIMs or MAP assessments with your child. These nationally normed assessments provide key beginning of the year data points. We tailor your child's instruction based on these scores and evaluate our instruction based on student growth from these points. Identified students receive progress monitoring to track growth. Our next AIMs and MAP assessments are in December.

October 1st is a training day for teachers, NO School.

October 7th is our Parent - Principal Morning to review school programs and engage parent questions and ideas.

We're moving into winter so bundle up. Students need snow boots, snow pants, winter jackets, hats and gloves every day for our outdoor recess.

Keep in touch and ...

Do Good Work, Be a Friend, Every Day.

Principal Keener

SEPTEMBER TITLE I PARENT SURVEY RESULTS:

Recently we asked families what they knew about our Title I funding and programs. We also asked parents for new programing ideas.

1. Half of the families knew we received Title I Funding
2. A third knew how we qualified for these funds (SchoolCafe.com

We will have our first - **Parent & Principal Morning**: Thursday, Oct 7th: 8-8:45am.
- Review the new iReady Math Program and PowerSchool
- Review our first Title I Parent Engagement Night: Oct 12th
- Address parent concerns and ideas brought to the meeting

**DON'T FORGET YOUR LINES**

**SHOULD YOUR CHILD BE RECEIVING SPECIAL SERVICES?**

For students that are new to Arctic Light this year: if your child was receiving special services at their previous school and you have not been contacted by someone at Arctic Light about those services **please let the office know**.

Special services include: Speech Therapy, Resource/Special Education in the areas of reading, writing or math, Occupational Therapy or English Language Learner.

**PARENTS GUIDE TO THE CURRICULUM**

**COUNSELOR'S CORNER – SEPTEMBER 27, 2021**

Hello,

Students have been learning in Life Skills classes about **Compassion and Healthy Actions**.

Compassion is understanding (Empathy) leading to informed kind actions or helping.
Homework has been:
- Help at home and at school everyday
- Greet people using their names
- Listen carefully and then speak so friends and family know that they have been heard
- Grow how you are a friend to yourself by listening to your own feelings and taking healthy actions to help and encourage yourself
- Talk with others about ideas for improving afterschool and weekend times such as more exercise outside, helping, and learning new skills as Covid distancing continues

October brings our focus to **Respect and Generosity**. These themes extend concepts of understanding feelings, valuing unique interests, and helping each other do well together. Students seem to be very glad to be back in school and having time with friends. We are sustaining our Caring School Community.

Thank you.

Kate LaSota
School Counselor
Arctic Light K-8
907-356-2038 x28020
(907) 356-2038 x28020

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**Parent - Principal Morning**

**October 7th**
8:00-8:45am

Hear school programming updates and share questions and ideas with administration.
WAYS TO HELP YOUR CHILD SUCCEED AT ARCTIC LIGHT

1. Understand your teacher's expectations: homework, weekly testing, make-up of missing work, scores on AIMS or MAP, classroom behavior, communication.

2. Establish regular communication with your teacher and school: bi-monthly school newsletters, website postings, teacher paper and electronic communication, school text messages, calling our secretaries, use what works best for you.

3. Support your child reading each night: establish a nightly time for electronics to be off to ensure evening reading and good sleeping patterns.

4. Have your child show you his/her completed homework: celebrate the process. Good study habits are as much of a goal as the work.

5. Have regular discussions with your child about his/her academic and social experiences at school: have your child share a positive before the negative as children learn early to express negatives for attention.

7. Encourage, praise, and celebrate your child's successes: children work harder on things they are good at doing.

8. Keep doing all the other millions of things you do to let your child know you care!
Feeling Sick or Exposed to COVID-19, Now What?

<table>
<thead>
<tr>
<th>Situation</th>
<th>Unvaccinated</th>
<th>Vaccinated*</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you test positive for COVID-19</td>
<td>Isolate: Do not report to work or school until cleared by public health (usually 10 days, but may vary depending on symptoms).</td>
<td></td>
</tr>
<tr>
<td>If you are exposed to COVID-19 and have NO symptoms</td>
<td>Get Tested and Quarantine until cleared by public health. (7-14 days depending on testing and location.)</td>
<td>Monitor Carefully monitor for symptoms for 14 days. Quarantine is not required.</td>
</tr>
</tbody>
</table>
| If you are exposed to COVID-19 and have ANY symptoms | Get Tested and Isolate:  
  - If positive, keep isolating and follow directions of public health.  
  - If negative, continue quarantine protocol and stay home until symptoms resolve, whichever is longer. Consult a health care provider and consider testing again. | Get Tested and Isolate:  
  - If positive, keep isolating and follow directions of public health.  
  - If negative, stay home while you have symptoms. Talk to a health care provider and consider testing again. |
| If you have ANY symptoms of COVID-19 and no known exposure | Get Tested and Stay Home  
  - If positive, isolate for 10 days  
  - If negative, stay home while you have symptoms. Talk to a health care provider and consider testing again. | In the K–12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a clinically compatible illness) if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time. |

K-12 School Exposure Exception **

* A person is considered fully vaccinated two weeks after their second dose of Pfizer or Moderna vaccine, or two weeks after their single dose of the Johnson and Johnson vaccine.

** K-12 Student Close Contact definition ONLY applies to students, and does not change the guidance for adults in a school setting.

The FNSBSD Offers FREE Antigen Screening and FREE COVID Testing for staff and students. Please contact your school or work location to arrange the appropriate test.

If you have any questions, please call Public Health at 452-1776 or call your healthcare provider.
MONDAY HUMOR

What does it take to work for the railroad?
Lots of training.

What kind of flowers like to sing?
Pe-tune-ias.

Is the Pillsbury Doughboy,
a Flour Child?

Is the sound of crumbling gift paper,
Wrap music?
Military Families

Need school materials from your child(ren)'s school but are in quarantine due to illness or contact tracing?

NO WORRIES!

We have the Readiness & Resiliency (R2): Military Dependent Students are Ready to Learn program!

Contact your Military Friends:

Eielson AFB School Liaison Officer: Earnest Kincaide, (907) 385-9460, earnest.kincaide@us.af.mil

Fort Wainwright School Liaison Officer: Janet Farris, (907) 361-9897, janet.e.farris2.nafmail.mil

Fort Wainwright & Eielson AFB: FNSBSD Military Student Support Coordinator, Georgia Sandgren, (907) 452-2000 ext 11340, georgia.sandgren@k12northstar.org
ARCTIC LIGHT BENEFITS FROM THE GIVE BACK TO SCHOOLS PROGRAM

This year, Arctic Light K-8 is the Office Max Title I School for their Give Back to Schools Program. When checking out at their store, use our school ID # 70000243. We are also receiving funds when customers checkout and add donations to their purchases. This is a great opportunity for our school community. Thank You Office Max.
ARCTIC LIGHT DROP-OFF AND PICK-UP

Kindergarteners and First Graders come in the front door. Second Graders and up come in the Gym doors.

Traffic Flow Chart
PLEASE REVIEW AND FOLLOW FOR SAFE AND EFFICIENT DISMISSELS AND PICKUP.

Arctic Light Elementary

PICK UP AND DROP-OFF CHILDREN FROM THE CURB SIDEWALK ONLY. DRIVERS DO NOT LEAVE YOUR VEHICLE UNLESS YOU ARE PARKED IN A PARKING SPACE.

Thank you for helping us keep our children safe!

<table>
<thead>
<tr>
<th>DROP OFF PROTOCOL</th>
<th>PICK UP PROTOCOL</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 Breakfast: enter at Gym Entrance</td>
<td>2:30 – 2:45</td>
</tr>
<tr>
<td>7:40 Morning Recess</td>
<td>- Kindergarten thru 1st grade exit Front Door</td>
</tr>
<tr>
<td>8:00 School Starts</td>
<td>- 2nd – 8th grades exit thru the gym doors</td>
</tr>
</tbody>
</table>

- Kindergarten and 1st grade at Front Door
- 2nd – 8th grades enter thru the gym doors

Our entrances have supervisors at the doors to assist students entering the building.

Waiting students should not proceed until cars come to a complete stop and tires are not moving.

Please:

1. It is important to keep the flow of traffic moving. If you need to get out of your vehicle for any reason, park in the parking lot.
2. Pull as far forward in the right lane as you safely can.
3. Stay in the right lane until you have dropped off your student.
4. Drop-off from the right lane along the curb-sidewalk only.
5. Children exit the vehicle along the curb-sidewalk only.
6. Keep all crosswalks accessible.
7. Pass only after dropping off your child along the curb.
8. Exit the Gym drive-thru to Neely St by turning left.

Thank you for your support in keeping our children safe!
SCHOOLCAFE.COM FREE/REDUCED MEAL APPLICATION

Takes a few minutes - can save you a bundle and support our school's academic programs
FOLLOW THE THREE C's

1. Be CAUTIOUS
   - Attend to personal health
   - Stay away from sick people
   - Be thoughtful about activities
   - Consider being vaccinated

2. Be COURTEOUS
   - Respect health privacy
   - Cover your cough & sneeze
   - Stay home if you are sick
   - Get tested

3. Be CLEAN
   - Wash your hands often
   - Use hand sanitizer
   - Avoid touching your face
   - Disinfect high touch surfaces