



Alaska Smart Start 2020-2021 School Year  
Return to School After Symptoms

Student or staff member name: \_\_\_\_\_

Date seen: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of first new symptom onset : \_\_\_\_/\_\_\_\_/\_\_\_\_

New symptom or symptoms: \_\_\_\_\_

One or more of these symptoms is on the CDC symptom list for COVID-19:

- Yes
- No, the patient has no symptoms on the CDC list

**CDC symptom list:**

Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea

The following return to school criteria applies (*check only one*):

- The patient had a **negative PCR/molecular test** for COVID-19 since the start of symptoms (not an antigen or antibody test), fever has been resolved for 24 hours and other symptoms are resolving
  - Test date: \_\_\_\_/\_\_\_\_/\_\_\_\_
- The patient had a **positive test** for COVID-19 and will return 10 days after symptom onset or positive test, whichever happened first, as long as fever has resolved for 24 hours without the use of fever-reducing medications and other symptoms are resolving
  - Test date: \_\_\_\_/\_\_\_\_/\_\_\_\_
- The patient **did not receive a test** for COVID-19 and will return 10 days after symptom onset as long as fever has been resolved for 24 hours without the use of fever-reducing medications and other symptoms are resolving
- The patient's symptoms are part of a chronic condition or conditions and they are not contagious at this time. The patient should not be excluded from school for the following symptoms, **as long as they have not worsened:**
  - \_\_\_\_\_
  - I will continue to follow this patient for their chronic condition(s)
  - I do not regularly see this patient and they have been provided with followup instructions for their chronic condition(s)

**The earliest date this individual is eligible to return to in-person school/work is:**

\_\_\_\_/\_\_\_\_/\_\_\_\_

Clinician name: \_\_\_\_\_ Credential:  MD/DO  PA  NP

Clinician signature: \_\_\_\_\_

Clinician phone number: (\_\_\_\_)\_\_\_\_-\_\_\_\_ Fax number: (\_\_\_\_)\_\_\_\_-\_\_\_\_