UPCOMING EVENTS:

- **Nov 1-30th** - Canned Food Drive
- **Nov 3rd** - Picture Retakes
- **Nov 11th** - Veterans Day Parade for Veterans 10:15am
- **Nov 12th** - NO SCHOOL - Teacher Professional Development Day

PRINCIPAL'S MESSAGE - KEEP IN TOUCH

The Home/ School communication is key to a student's success. When parents understand teacher routines and expectations students are more likely to complete work to a higher standard. The goal is independent successful citizens. Learning best educational practices at an early age is a huge 'leg up' compared to learning good student habits at an older age. The key is to keep in touch with your teacher.

Our Home/ School Compact outlines relationship expectations between school and home. Knowing what is expected of school staff can help parents communicate effectively when they advocate for their child. Linked here is the compact -

https://drive.google.com/file/d/10n_QpfpJCOl74D9v1Y1wN7rjCEBGtQ5A/view?usp=sharing
We are well into the school year. Our routines are stabilizing despite Covid still being a disruptor. Everyone following best safety practices has improved our situation greatly.

Thank you for attending last week's Parent/ Teacher Conferences. If you still have questions or think of improvement ideas, let us know.

Do Good Work, Be a Friend, Every Day.

Principal Keener

CHILDHOOD IMMUNIZATIONS BY DECEMBER 3RD

Parents should be made aware that all immunizations must be current by Friday, December 3rd and that exclusion letters will begin being provided to parents as of Monday, December 6th. This means students who are non-compliant or who have not provided an exemption for immunizations will not be able to attend school on Monday, December 6th.
Here are 4 Questions for teaching Gratitude:

1. **Notice** the details of a kind action -- Did you **Notice** that your friend picked a book from your favorite series?
2. **Think** about the connection that motivates kind actions -- Why do you **Think** you got this gift from your friend?
3. **Feel** the positive emotions and gratitude -- How does this gift make you **Feel**?
4. **Do** actions of gratitude to deepen the experience of gratitude -- Is there something you want to **Do** to let your friend know how you feel?

Doing gratitude leads to more feelings of gratitude, stronger relationships and more optimistic thinking. This is an example of action leading to increased well-being, and these questions outline the gradual steps of reflection that lead to practice and an increased sense of purpose.

Our November themes are Gratitude and Responsibility.

Kate LaSota
School Counselor
Arctic Light K-8
(907) 356-2038 x28020
Hi Arctic Light Parents!

Here are some quick tips to further the learning process in your home.
Encourage your kids to read by allowing them to choose their books. Making reading social is more effective than mandating a particular quantity of reading, so consider setting aside some time to read as a family and then talk about what you’ve read.

Consolidating learning—the act of reviewing information to reinforce concepts so that they stick for the long term—doesn’t need to be complex. Discussing what you do each day can help reinforce new knowledge. Have your child retell their day using as many details as possible.

In math, like other subjects, keep it simple. Young children can practice counting or age-appropriate math facts with real objects like buttons or coins. Cooking is another great way to teach real-world math. Internalizing what one and a half cups of flour looks like lays the foundation for learning fractions. Practice multiplication and division by halving or doubling a recipe. Board games offer another opportunity to practice math by counting money or moving a particular number of spaces.

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**Arctic Light Canned Food Drive**

**During the month of November**

Support our Ft. Wainwright Food Pantry.

Donate to your child's classroom Canned Food Drive.
Where did the werewolf keep his coat?
In his claw-set.

Where does Dracula go when in New York city?
The Vampire State Building.

The CEO of IKEA was elected Prime Minister in Sweden.
He should have his cabinet together by the end of the weekend.

Relationships are a lot like algebra.
Have you ever looked at your X and wondered Y?

Why did the boy stop carving the stick?
He was a whittle tired.

What’s the loudest kind of pet you can get?
A trumpet.

Celebrate Veterans Day ★★★

We invite you to

Participate in our Parade ★★★

November 11, 2021 - 10:15 am

Arctic Light K-8

You make us believe in heroes!
Hiring
Arctic Light

STEM Club Assistant

Work with our older students

- $22hr
- Less than 15 hr work week
- Instruct STEM activities

Interested - Contact
Arctic Light - (907) 356-2038
Sarah Robinson - (907) 452-2000 Ext 11404
You can PREVENT Slips, Trips, and Falls!

Walk slowly and carefully, with slip-resistant footwear.

Be careful when exiting vehicles.

Keep your hands free, or use a backpack.

Avoid black ice, uneven surfaces, and icy steps.

Tap your foot on potentially slippery areas.

Report any untreated surfaces to Facility Maintenance. Have questions or need assistance?
CALL: 907-459-1344 or EMAIL: riskmanagement@fnsb.gov
Military Families

Need school materials from your child(ren)'s school but are in quarantine due to illness or contact tracing?

NO WORRIES!

We have the Readiness & Resiliency (R2): Military Dependent Students are Ready to Learn program!

Contact your Military Friends:

Eielson AFB School Liaison Officer: Earnest Kincade, (907) 385-9460, earnest.kincade@us.af.mil

Fort Wainwright School Liaison Officer: Janet Farris, (907) 361-9897, janet.e.farris2.naf@mail.mil

Fort Wainwright & Eielson AFB: FNSBSD Military Student Support Coordinator, Georgia Sandgren, (907) 452-2000 ext 11340, georgia.sandgren@k12northstar.org
Arctic Light Elementary

Traffic Flow Chart
PLEASE REVIEW AND FOLLOW
FOR SAFE AND EFFICIENT
DISMISSALS AND PICKUP.

599 St. 600 St.
Crossing Guard Crossing Guard
Gym Entrance Office
Flag Pole Parking Lot
ARCTIC LIGHT ELEMENTARY SCHOOL

There is no parking along the red curbs in the parking lot. If you must get out of your car, you MUST park in a designated parking space.

PICK UP AND DROP-OFF CHILDREN FROM THE CURB SIDEWALK ONLY.
DRIVERS DO NOT LEAVE YOUR VEHICLE UNLESS YOU ARE PARKED IN A PARKING SPACE.

Thank you for helping us keep our children safe!

<table>
<thead>
<tr>
<th>DROP OFF PROTOCOL</th>
<th>PICK UP PROTOCOL</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 Breakfast: enter at Gym Entrance</td>
<td>2:30 – 2:45</td>
</tr>
<tr>
<td>7:40 Morning Recess</td>
<td>- Kindergarten thru 1st grade exit Front Door</td>
</tr>
<tr>
<td>8:00 School Starts</td>
<td>- 2nd – 8th grades exit thru the gym doors</td>
</tr>
<tr>
<td>- Kindergarten and 1st grade at Front Door</td>
<td>Waiting students should not proceed until cars come to a complete stop and tires are not moving.</td>
</tr>
<tr>
<td>- 2nd – 8th grades enter thru the gym doors</td>
<td></td>
</tr>
</tbody>
</table>

Our entrances have supervisors at the doors to assist students entering the building.

Please:

1. It is important to keep the flow of traffic moving. If you need to get out of your vehicle for any reason, park in the parking lot.
2. Pull as far forward in the right lane as you safely can.
3. Stay in the right lane until you have dropped off your student.
4. Drop-off from the right lane along the curb-sidewalk only.
5. Children exit the vehicle along the curb-sidewalk only.
6. Keep all crosswalks accessible.
7. Pass only after dropping off your child along the curb.
8. Exit the Gym drive-thru to Neely St by turning left.

Thank you for your support in keeping our children safe!

SCHOOLCafe.COM FREE/ REDUCED MEAL APPLICATION

Takes a few minutes - can save you a bundle and support our school's academic programs
FOLLOW THE THREE C’s

1. Be CAUTIONOUS
   • Attend to personal health
   • Stay away from sick people
   • Be thoughtful about activities
   • Consider being vaccinated

2. Be COURTEOUS
   • Respect health privacy
   • Cover your cough & sneeze
   • Stay home if you are sick
   • Get tested

3. Be CLEAN
   • Wash your hands often
   • Use hand sanitizer
   • Avoid touching your face
   • Disinfect high touch surfaces