

Reasons to see the counselor



- Worried about something
- Need help making choices or solving a problem
- Having trouble with another kid
- Need help focusing in class
- Big changes in your life
- Concerned about something you heard at school or home
- Saw somebody getting hurt
- Somebody is hurting you
- You feel like hurting yourself or others

Contact Info



Maggie Samson, School Counselor
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ext 20540



Counselors Do:

- Help you help yourself
- Guide you to find resources when you have a need at home or school
- Teach you how to cope with life and be your best self
- Help you stay safe
- Care

Counselors Don't

- Judge you
- Punish you



How can parents help?

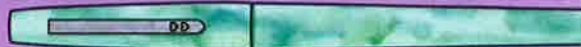
- Be involved!
- Ask questions!
- Volunteer!

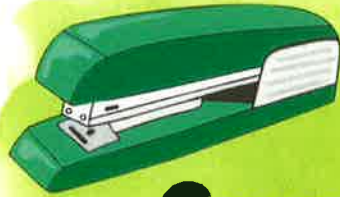


Student Confidentiality

Everything a student says in the counseling office is confidential UNLESS:

- someone is hurting the student
- the student wants to hurt someone else
- the student wants to hurt self





**Counselors
give you the
tools to
SUCCEED**



Social Emotional Support

- Classroom lessons
- Groups & lunch bunch
- Individual sessions by appointment