

Wolfpack 2009-2010 Ski Event & Races

Revised August 1

Date	Day	Time	Name	Location	Tech.	Format	Dist/F	Dist/M	Host	
Oct	6	Tue	10:40	Ski Team Meeting at West Valley H.S. Classroom						
Oct	7	Wed	5:30	Parent Meeting WVHS Library						
Oct	23	Fri		West Valley Ski Team Ski Swap			Check in			
Oct	24	Sat		West Valley Ski Team Ski Swap			Sell & Buy			
Nov	2	Mon	2:30	First Day of High School Ski Practice						
Nov	14	Sat	10:30	Sprint Relay	Salcha (Pend)	Free	Mass	3x km	3 km	WVHS
Nov	21	Sat	11:00	Town Series #1	Birch Hill	Free	Mass	5 km	7.5 km	NSCF
Nov	22	Sun	11:00	NRL	Birch Hill	Classic	Interval			NSCF
Nov	27	Fri	11:00	Turkey Day Relay	Birch Hill	Free	Relay	5 km	5 km	NSCF
Dec	5	Sat	11:00	Town Series #2	Birch Hill	Classic	Sprint	1.1 km	1.1 km	NSCF
Dec	11	Fri	3:00	Lynx Loppet	Kincaid Park	Classic	Mass	5km	5km	
Dec	12	Sat	11:00	Lynx Loppet	Kincaid Park	Free	Interval	5km	7.5km	
Dec	19	Sat	10:00	Besh Cup #1	Kincaid Park	Skate	Sprint	1km	1km	NSAA
Dec	20	Sun	11:00	Besh Cup #2	Chugiak	Classic	Interval			
Jan	2-7	Sat		National Championships						
Jan	8	Fri	4:00	Invitational	Valdez	Free	Relay	4x2 km	4x2 km	Valdez
Jan	9	Sat	11:00	Invitational	Valdez	Free	Interval	5.4 km	8.4 km	Valdez
Jan	16	Sat	11:00	Town Series #3	Birch Hill	Classic	Interval			NSCF
Jan	23	Sat	11:00	Besh Cup #3	Homer	Free	Interval			
Jan	24	Sun	11:00	Besh Cup #4	Homer	Classic	Interval			
Jan	30	Sat	11:00	Town Series #4	Birch Hill	Cl & Fr	Mass			NSCF
Feb	5	Fri	4:00	HS Night Race	Birch Hill	Classic	Mass	5 km	5 km	LHS
Feb	6	Sat	11:00	Besh Cup #5	Salcha	Classic	Interval	J2 5k, J1-OJ 10k		Salcha
Feb	6	Sat	5:00	West Valley Spaghetti Feed						
Feb	7	Sun	11:00	Besh Cup #6	Birch Hill	Free	Mass	J2 5k, J1-OJ 10k	J2 5k, J1-OJ 10k	NSCF
Region VI Championships										
Feb	12	Fri	15:00	Regionals	Birch Hill	Classic	Mass	7.5 km	10 km	NSCF
Feb	13	Sat	11:00	Regionals	Birch Hill	Free(Pend)	Relay	4x3 km	4x5 km	NSCF
ASAA State Championships										
Feb	25	Thu	13:00	State	Birch Hill	Free	Interval	5 km	7.5 km	NSCF
Feb	26	Fri	13:00	State	Birch Hill	Classic	Mass	7.5 km	10 km	NSCF
Feb	27	Sat	11:00	State	Birch Hill	Mixed	Relay	4x3 km	4x5 km	NSCF
Mar	7	Sun	9:30	Tour-of-Anchorage		Free	Mass	25/40/50	25/40/50	NSAA
Mar	6-14	Sun-Sun		Junior Olympics		Bangor, ME				
Mar	13 or 20	Sat	10:00	Sonot Kkaazoot	Chena River	Free	Mass	20/50 km	20/50 km	NSCF
Mar	14-21	Sun-Sun		Whitehorse YT, Canada						
Mar	?	Sat	10:00	UAF Skiathon	West Ridge	Classic	Mass	20 km	20 km	UAF
Mar	?			Oosik Classic	Talkeetna	Classic	Mass	25/50km	25/50km	
Apr	3	Sat		Ski for Women		Birch Hill	Free	Mass		
Apr	3-4	Sat		Glacier Trip			Tour	30 km	30 km	WV

Color Key:

Not a School Race-This race is optional

Travel